

## **Design Synopsis**



A fun-sport station offering a real outdoor gym. Covers all dimensions of sport (Strength, Balance, Coordination, Cardio) and all levels of ability (from beginners to the experienced). The number, variety and diversity of the activities help to build user loyalty and this combination can accommodate many users at the same time. With our Meeting Point, anyone can meetup or have a rest after a long workout. Not to mention the seats are at wheelchair height so everyone feels at home.

Due to the multi-functionality of the new outdoor gym, users will strengthen their connection with others within the community. Users who may struggle with motor disabilities have plenty on offer too, from the bench press to the squat (which converts into a shoulder press for those who use wheelchairs), these provides a real sense of inclusion and diversity within the design.

For Forres Community Outdoor Gym, we wanted to maximise the inclusive aspect within our design and allow people to meet, exercise, socialise, and most importantly, have fun! Acti'Fun products are designed to be motivating and engaging by incorporating play in sport. Across the fun-sport unit, we have installed multiple smartphone holders where users can listen to music with their gym buddies and take selfies to send to friends, family, and the rest of the community.

Exercise is at the heart of health and wellbeing, and with the array of items on offer within our design, everyone and anyone will be able find their love for fitness through fun-sport.





